

The club is in a sound financial position, and while there will be ongoing costs, we have taken measures to minimize these costs, and the club will be able to ride out the close down.



Thankfully the PayPal card reader and payment system has been replaced with the updated software fix and is back and ready for the return to operations when we reopen.

Alison Hagaman

Message from The Treasurer

Message from The President

Welcome **Jo Grosvenor** our new Newsletter Editor ably assisted by **Nick Horley**; thank you, Jo and Nick for taking on this very important role in the communication chain to our members. A very big thank you to **Evan Fisher** who hands over the reins as the Editor. Evan will continue as our Publicity Officer arranging articles for the local press. Evan has done a fantastic job as the Newsletter Editor, an enormous task, and one he applied his unique style and humour. Thank-you Evan.

I hope everyone is staying safe, and that your family is well.

In response to the COVID-19 crisis, the club has closed until further notice. This closure is to protect you, and to play our part for the common good.

There is no archery or practice at the club, either indoor or outdoor, and the only permitted activity is essential maintenance and then only by an individual taking strict precautions.

Maintenance is going on and four examples that quickly come to mind are –

1. The grounds are being mowed so that the grass does not get away from us.
 2. Indoor target butt material is being cut up *ready* for a future refurbishment of the indoor butts.
 3. Arrows are being fletched.
 4. The PayPal payment system replaced.
- All these activities done by lone individuals. A big **thank you** to all our **Volunteers**.

These are stressing times, but they will pass, and life will return to a settled path, we just need to hang in there.

I have continued weekly emails to members. These continue to contain informative archery information with the intent that you can maintain your archery preparedness for return to club participation when we reopen.



I am focused on making sure the club is in the best shape for the reopening, however no doubt the 2020 club calendar will need a severe review in due course. As we are a purely volunteer based club our cost base is not large, and we will ride out the hiatus. In order to make up for the loss of *value* in membership, Archery Australia has agreed to a 3-month extension on all our club members memberships.

Please keep in shape with exercise at home, keep your gear maintained, and stay safe.

Brian Hagaman



Old Archery Safety Share

WELCOME to our NEW MEMBERS

Pam Fisher

Tim Wilkinson

Pierre Roux

Clint Chenoweth

Glen Baxter

Nick Brown

Tom Ferguson

Jace O'Brien

Jordan Wallace

Peter Monaghan

Joshua Morrison

Jacob Said

Aaron Baldwin

Jim Bardsley

Jesse Buckley

Thomas Wilkinson

Helen Boardman

Jacob Pollard

Lindsay-Mae Roux

Joseph Wilkinson

Liesel-Marie Roux

We look forward to seeing you
on the shooting line soon

The SVTA Committee

Despite the club closing its doors, the Committee continue to work in the background (via ZOOM) and meet regularly to discuss all aspects of the club.

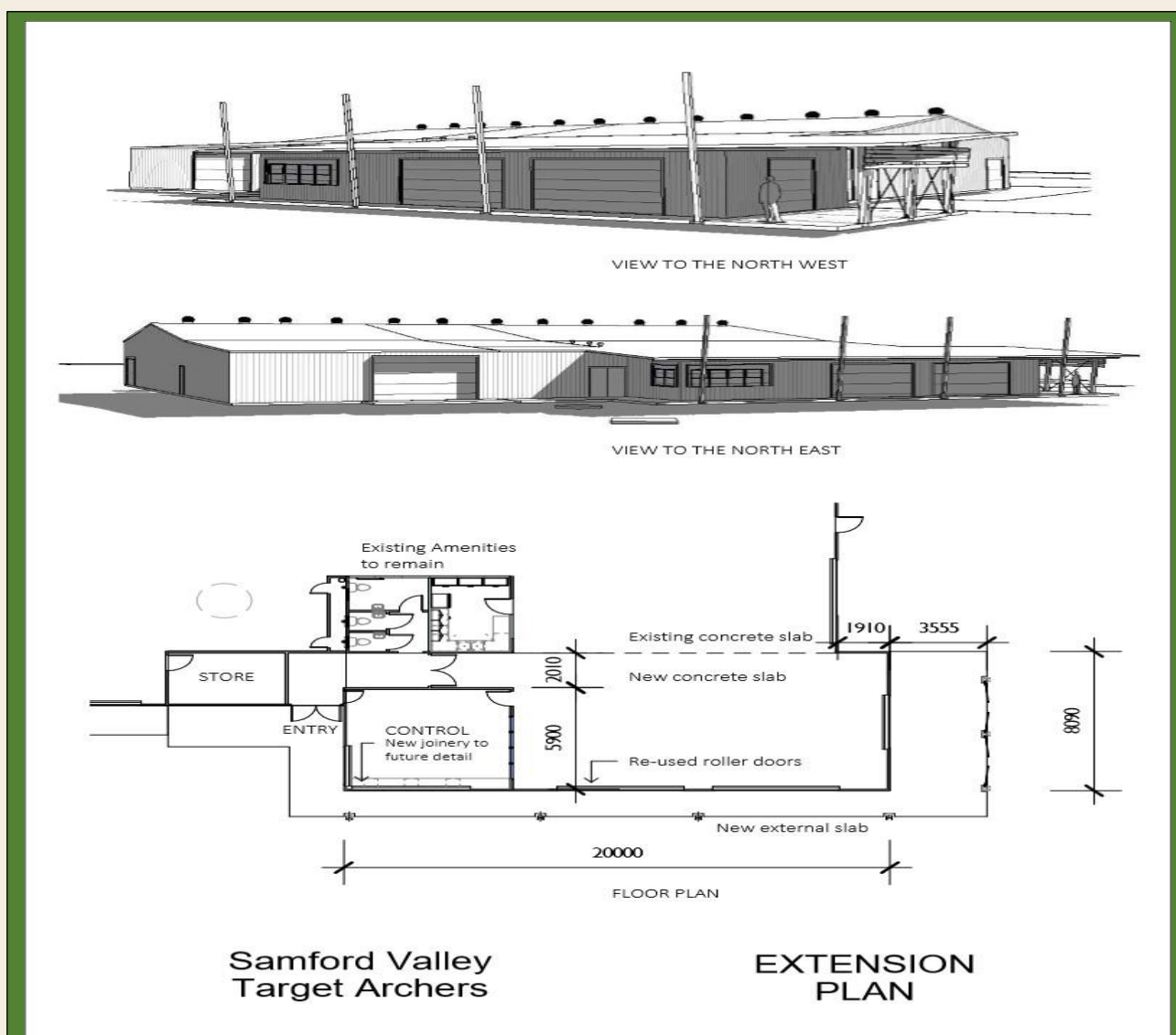


UPDATE on joining of the sheds

Since the construction of the second indoor shed (the West Indoor) the strategic plan has been to join the two sheds by removing the intervening end walls. This cannot take place yet because we need the funds.

However, we have been progressing steadily towards being able to do this project, should we be able to get the funding. The biggest initiative was the installation of the water main, which now means that the fire regulations can be complied with for a single Indoor Archery Hall.

To progress the strategic goal of joining the two sheds, the committee has been working hard to progress through the numerous boxes that are needed to be ticked; lots of planning requirements and regulations and approval processes. Brian has led this process with council, planners, engineers, estimators and other assessors, and while we still have a way to go yet to get approval, however the committee wants to share the plans to date.



Don Vanderzee has very kindly been doing the architectural drawings for the club.

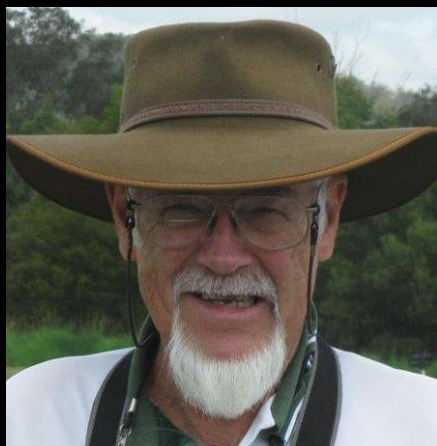
The plans centre on the joining of the two sheds into one Indoor Archery Hall, the extension of the lanes in the existing East Shed to provide a 30m shooting space, a store for bow security, and the provision of a control room for tournament operations.

The design provides for access to the existing toilets from outside, provides for disability accessibility, reduces the internal pinch point where the lockers are at present, and by necessity relocates the sewerage treatment tank.

While any joining must match like for like construction, the architectural features of raked columns will help soften the design.

If you have any questions please come back to Brian or one of the other committee members.

Q & A



Evan Fisher – SVTA Publicity Officer

What are your favorite memories of your time at the club?

That's actually quite a difficult question, because I enjoy the social aspects, and the ability to improve in archery. Unfortunately, the process of improvement is off the rails at the moment. However, I can't really pick out particular memories. Any 'all-in-gold' or 'perfect' is good.

I got to be a "second class" archer in the days when that was about halfway up the rankings, but I'd be lucky to score a "blue" rating today.

When and why did you become an archer?

I guess I have a tendency to do things that not a lot of people do – I can throw a boomerang play a didgeridoo (no aboriginal heritage) and shoot arrows. I have always had some interest in bows and arrows, it may have been the Robin Hood Pictures in the 50's. I remember shooting a neighbours kid in the leg with an arrow when I was about 14. (He wasn't allowed to play with me after that).

At the end of my Senior (Year 12, as is now) year, 1958, my father, my older brother and I had a Holiday on Lindeman Island – (my mother had died in 1953). There we met a family with a son about my age, who were members of the Grange Club, and as I was going to start Uni in 1959, they invited to come out and have a look at the Club. I did that a couple of times in 1959, and I don't remember much after that, but in 1962 I went to the Grange Club and was a temporary member – in fact, through 1962 and '65 I'm not sure I was anything other than a "temporary" member.

But in 1963 I had a Swedish steel Seefab two-piece bow, and steel Apollo arrows, and on the weekends, given a chance, I would sling the bow and the quiver over my shoulders and ride my motor bike from St. Lucia to the Grange to shoot.

I graduated in 1963 and went to Papua/New Guinea as a Government veterinary officer. In Lae, in 1965 myself and another archer used to shoot a bit – by then I had a Matco Laminated bow (an Australian make).

What advice would you give to people who have just decided to take up archery?

You are going to have good days and bad days. If you don't "love" it then you won't stick with it, but "loving" it comes with improving your technique (and so your scores).

Initially a lot of your arrows are going to mis the gold (or even the target). Don't be afraid to ask for help – some people will not be able to help a lot, but they will usually direct you to somebody who can. There will always be differing opinions of what is wrong and what is right – develop a sense of what works for you, and what doesn't.

And finally, what's the funniest thing that happened to you when you were a practicing Vet?

The word "practice" is interesting, one day we hope we will get it right.

You need to realise that sometimes the medical field involves itself in "gallows humour". I was presented with a frog which had tangled with a lawn mower and had a badly damaged hind leg. The anesthetic (my first on a frog) was good, and the leg amputation was successful, and the frog went back to its owner. I mentioned to the other members of the practice that I was mildly disappointed that I wasn't able to say – "Sorry, your frog croaked".

KEEPING FIT at Home and ready for Archery when it resumes

RESISTANCE BANDS

Do you have a physio or theraband type resistance band?

If you have one you can practice your archery form at home using the resistance band. I find that the hall is an ideal place, as it forces you to get the alignment right, i.e. down the hall. You do not use a bow, just use the resistance band.

Alignment is so important in archery. The band does not have to be high resistance, as it is technique that you are trying to work on.

If you do not have a resistance band, they are available to purchase on-line.

However even without a resistance band you can still practice your form in the hall with an imaginary bow.

Go through the whole shooting process starting with the correct stance, positioning the bow hand, loading the imaginary arrows, fingers on the imaginary string, raising the bow, shoulders down and relaxed, drawing the imaginary bow, visualising the sight on the gold, and moving through to release, follow through, then seeing the imaginary arrow in the gold, and relaxation, analysing what could be improved for the next imaginary shot.

This is a serious exercise that will bring so much benefit. No matter what your level every archer should practice it every night crisis or no crisis.

Final Word:

*Thank-you for taking time to read Issue 41 of the SVAC Newsletter
We welcome any funny stories, chatter, photos and suggestions on
what you would like to see in the Newsletters going forward.*

