

# GRANGE COMPANY TARGET ARCHERS

Newsletter by The Grange Company of Target Archers Inc.  
[www.grangearchery.org](http://www.grangearchery.org)

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Let's start this newsletter with a number of questions.

I don't know the answers, and it's possible that nobody I know, knows the answers, but let's see if this might get you thinking.

Here goes! (Incidentally, these are archery Club questions)

1. Who was **Sue Hardy**?
2. Who was **Harry W. Ellis**?
3. What is the connection between archery and **Hoyt's Theatres Ltd.**, and **R.K.O. Radio Pictures**?
4. What is the **Listex Shield** about, and why is it in such terrible condition?
5. Just how many times *did* **B. (Bernie) Adams** win the South East Queensland Archery Society's Clout Championships?
6. What is the 'raison d'être' of the **Swift Cup**?

These questions, and possibly a few others, are prompted by a walk around the walls of the Grange Company of Target Archer's indoor building, where there are a number of (neglected) cups and shields.

**Sue Hardy** has a memorial trophy named after her - why? According to the Concise English Dictionary I have, a "memorial" is "serving to preserve the memory of the dead or a past event".



The Sue Hardy Memorial Trophy

It seems a shame that that history hasn't been preserved in some way.

**Harry W. Ellis** presented a "perpetual" trophy to the Redcliffe Archery Club - what for?

It seems to have been awarded in only 2 years - 1960 and 1961, and of course, the Redcliffe Archery Club no longer exists. Perpetual?



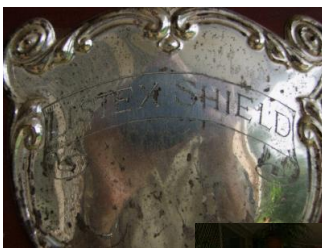
**Hoyt's Theatres Ltd.**, and **R.K.O. Radio Pictures** sponsored "The Robin Hood Trophy", which seems as if it might have started in 1955 - was **Errol Flynn** the hero then?



The Robin Hood Trophy

So, what did you have to do to win it?

The Listex Shield is a real mystery. I have a feeling that one of the reasons it's pretty grotty is that it's not such great quality, but it certainly has some great names on it!



The Listex Shield



Bernie Adams' name appears a considerable number of times on the SQAS's Clout Championship Trophy. Was the competition more or less popular than it is today?



Don't shoot Clout from that position, you'll ruin your back and end up with an arrow in your head.

Another mystery is the Swift Cup. However, there might be a lead.

The last recipient seems to have been Jo Williams, and I assume that it is the same Jo Williams who is currently recorder for SQAS and a member of the Mount Petrie Bowmen. I'll check that idea out!



The Swift Cup

There is another question that comes out of this 'wander around the walls' - what happened after about 1984 - 85 when the awards appear to have stopped being awarded/recorded?

Again, the most recent recipient of a few of these trophies seems to have been Jo Williams - perhaps she can shed some light on the matter.

So, there's a little wander down (dusty) Memory Lane!

**Jim Gooley**, one of the Club's longer-standing members, recently had some surgery (to improve heart function, I believe).

He is recovering, and doing well, and we hope he will be back in action soon, raising the scores on the many SQAS and Club records he holds. GO JIM!

**Breaking news!!**

Jim was at the Club Wednesday 11<sup>th</sup>, looking bright and fit. Not ready to shoot yet, but looking forward to when he can.

In the last Newsletter there was mention of the thought of changing the name of the "Grange Company of Target Archers".

Now, because of work commitments, I have not been around the Club for much of March, but I certainly have not heard any thing more than a couple of sentences of discussion on the subject.

Does this mean no-one cares about changing, or everyone agrees, or just that no-one reads the Newsletter?

## **From the President - Brian Hagaman**

**Thank you to everyone who was involved** in the working bee on the 1<sup>st</sup> April. A lot of much needed repairs and upgrades were done. The grass is mowed, and the grounds are gradually drying out.

If anyone who is a member of the Club does not have a **current version of the Membership Book**, which contains masses of information, please see Brian.

Under the Workplace Health and Safety laws we are again undertaking a risk audit of the Club grounds and processes. We are always looking for ways of improving safety. To this end we have added a report form to report accidents, incidents and near misses. These forms are in the cupboard drawers where the score sheets are kept. Emergency numbers are also displayed, on the door of the Coach's cupboard in the workshop area. If you have any comments or extra suggestions, please talk to one of the Committee members.

**Toowoomba SQAS Indoor Championships are coming!** They are on the 21<sup>st</sup> and 22<sup>nd</sup> July. Start planning your trip and booking your accommodation - lots of people from the Club will be going, and the Club will be closed on that Saturday. Also plan to join in the Club Dinner on the Saturday evening.

**The selection process for the SQAS Indoor team has started.** Shoot as many FITA indoor rounds as you can fit in and submit the scores in the usual way.

**So, on to the next part of "Practicing to Perfection".** For the information of any new members, this is part of a series of articles which appeared in a newsletter from SQAS over 30 years ago. At that time compound bows were pretty new, and most of the material refers more to recurve bow shooters than to compound shooters. *(The recurvers still think they're more important.)*

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### "A SIGHT IS NOT ENOUGH"

Many good instinctive shooters have tried putting a sight on the bow and discovered to their surprise and dismay that it did not improve their accuracy. What most new and inexperienced sight archers do not realise is that the sight on the bow is only a small part of the sighting system. Firstly, they do not realise that the bow sight only aims the point of the arrow. It is equally important that the nock end of the arrow is also aimed.

On a rifle there is a front sight and a rear sight fastened firmly at each end of the rigid steel

barrel. With a bow, you have a sight on the bow, but the back end of the arrow can be pulled to a variety of locations.

Each of these nock locations will cause the arrow to shoot in a different place with exactly the same front sight setting.

The novice will exclaim that he draws to his anchor point. He does not take into consideration that his anchor point is located on some part of his face or jaw which is part of an extremely moveable head. It is far more difficult to aim the back end of the arrow than the point, but both must be aimed if you expect to hit. When a shooter learns this lesson, he is just beginning to understand the system of sighting and aiming.

"Anchor point" means just that, with emphasis on the "point". There are umpteen types of anchor points, but the only ones which really pay off are those that consistently pinpoint the release hand in exactly the same place on every shot.

No sighting system will work if the draw length varies on different shots. For example, if a shooter hits dead centre at sixty metres with his first shot, then with his second arrow he draws half-an-inch short, his arrow will drop about 10 inches. This happens because he is drawing less weight, so the arrow receives less push and goes low. (This effect is more important for recurve bow shooters).

Unfortunately, this is not the only reason that a perfectly aimed arrow may go low. If his release hand goes forward with the string when he releases, the archer will shoot lower than he otherwise would have. If he drops his bow arm with the shot, chances are that his arrow will go low or low-left. There are many other reasons for low arrows as well.

In plain words, the archer must develop a good consistent form to make the sighting system work. He must learn to shoot so that his arrow leaves the bow with the same amount of push on each shot. Once a shooter develops a reasonably good shooting form, his arrows will begin to group.

Literally no shooter suddenly begins to shoot dead centre. First, he may get three out of six in the target; then his average may go up to six out of six in the target. He will get one or two in the three-ring, a couple in the four ring, and maybe a ten. Finally he begins to group inside the four-ring which indicates that he is beginning to gain consistent form. There is no fast, easy way to develop form - and it is an absolutely essential part of a sighting system.

Few archers hold the sight dead still on the spot. Those experts who do are usually consistent 300's shooters. It takes a perfect combination of proper breath

control, bow grip that fits, relaxation, back muscle hold, correct bow weight, concentration, and a completely controlled release action, to be able to hold a bow still.

There is a term used by many experts: - "looking through the shot" - that is the final essential element of the sighting system. Most archers refer to this as the "follow-through", but this is not quite the same thing. When a shooter is aiming and concentrating on the spot, and then releases, he continues to concentrate on the spot for up to two or three seconds. Physically, his head stays still and his bow arm stays up after the shot. On long target ranges, the shooter simply continues his concentration until the arrow strikes the target.

A good exercise for developing such a "looking through the shot" follow-through is to re-aim the shot following release."

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**There is to be a working bee for SQAS at the Field Course at the Belmont Grounds, 1485 Old Cleveland Road, Belmont , starting at 9 am., on 29<sup>th</sup> April.**

**This is to counteract a number of years without repairs to butts, and to prepare for the rest of the year's planned Field Shoots. If you can donate the time and the energy, please turn out.**

**AROUND THE CLUBS** - There have been a number offshoots held in the last 6 - 8 weeks, about which many members do not hear.

At a FITA Arrowhead Field QRE on 19<sup>th</sup> February, at the Belmont Field course, Madeleine Ferris and Neil Digweed distinguished themselves, and Kynan Schilling and Greg Jackson kept the competition up.

The FITA Star event and QRE at the Samford grounds on 4<sup>th</sup> March saw Franz Roodt (who attends many of the "away" events), Andre Buhot and Madeleine Ferris put in good scores, whilst Patrick Barden, Jim Gooley, Dave Arrowsmith and Greg Jackson all starred in their various categories.

At the Indoor QRE at Samford on 7<sup>th</sup> March, Scott Hagaman and Nick Horley scored top and second highest scores ( 571 and 561, respectively), and John Cowley, Michael Schilling, Vince Dainer and Greg Jackson (again) were plugging targets with the best of them.

Then Franz Roodt, as the only GCTA member registered, starred at the Outdoor Target QRE at the Sunshine Coast Archery Club at Buderim on

the 10<sup>th</sup> and 11<sup>th</sup> of March. A FITA 50/720 (double) of 1310 on the 10<sup>th</sup> and 1250 on the 11<sup>th</sup> saw him top the Compound Men's division.

Again, at the Target Award and QRE at the Centenary Archers on 18<sup>th</sup> March , John Cowley, Franz Roodt, Madeleine Ferris, Dave Arrowsmith and Greg Jackson all upheld the good reputation of the Grange.

**On a more local note**, the Silver Arrow Clout shoot, held at the Samford grounds on Saturday 7<sup>th</sup> April saw nine archers enjoying almost perfect weather while trudging backwards and forwards between the shooting line and the clout line, **twelve times.**

**Michael Schilling** shot a personal best score, and to top it all off, severely killed the clout in the last end.



We also noted that Greg Jackson will have to learn to bend the back, not the knees.



Another graduate of the Michael Churchward School of Archery Stance?

**Santa Claus came to the Samford grounds a little over a month ago.** Actually, it would be much more accurate to say that one of his helpers, in the person of Councilor Bob Millar, of the Moreton Bay Regional Council, slipped quietly onto the grounds on March 3<sup>rd</sup> last, and equally



quietly slipped a cheque to Alison Hagaman, our Treasurer. The funds, of course, go towards the cost of the new building - which is not happening quite as quickly as we might have hoped, but it *is* happening.\*



Thanks to the MBRC (and the State Government) for their support.

\* Brian says we're still awaiting final approval, but expect to start building by the end of May.

**Tim Millis** submitted a couple of photos from the recent working bee - one which he has titled "I know numbers" - a little out-of-focus, but sharp and to the point:-



... and a second photograph which he describes as a "clearly targeted instruction guide" which obviously is meant for someone, but your guess is as good as mine.



Also from Tim, on a more serious note as **Club Recorder**;

**Monthly Handicap Tournament Winners:**

- January - Bob Thompson
- February - Nick Horley
- March - Evan Fisher

**Monthly Indoor Medal Winners:**

- February - Alison Hagaman
- March - Tim Millis

**Next Monthly Handicap Tournament** is this Saturday 14 April; **next Monthly Indoor Medal** is Wednesday 18 April.

**Check Club Members booklet, club information board or website for handicap criteria.**

**Check your Club Calendar!  
There are busy months ahead!**