

GRANGE COMPANY TARGET ARCHERS

Newsletter by The Grange Company of Target Archers Inc.
www.grangearchery.org

No. 8

February - March 2012

Here's something to put some thought into;

As long ago as 2008 a local councilor gently raised the idea that the name "Grange Company of Target Archers" did not really represent the locality we are now in.

It could well be that, if the Club identified itself more clearly to the Samford area, the Moreton Bay Regional Council might look even more favourably than they currently do at funding proposals we put forward.

In addition, the people of the Samford area would perhaps be more willing to claim us as "theirs", not that this is currently perceived as a problem.

For this reason the Club Management Committee has decided to initiate a discussion about changing the name of the Club, and we're also looking at possible names.

At the moment the name should be two or four words, since that is thought to fit suitably around the logo. "Samford Archery" has been one suggestion which would be quite distinctly different from other clubs in South East Queensland.

Any change is unlikely to happen quickly, and would probably need agreement at an Annual General Meeting, but.....What do you all think? And any suggestions for a new name will be considered.

A couple of large "Thank you"s to Patrick Barden and Dave Arrowsmith, firstly for enclosing the beams on the verandah to prevent the swallows from nesting (no "thank you"s from the swallows).



From this



To this...

Second, for placing the Velcro patches on the target frames to make the job of placing and replacing the target numbers MUCH easier.

"Ruthie Hood"

Congratulations - and commiserations - to Ruth Whisson, (photo) who recently shot her first "Robin Hood" thereby experiencing the sweet pain of a good shot, whilst destroying her own arrow.

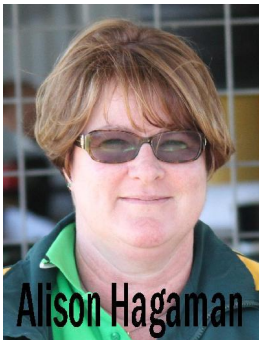


There is a working bee listed in the Club calendar for 3rd March. This has been cancelled since that day looks as if it is going to be considerably busy.

Instead, it is intended that there be a working bee on Sunday 1st April (no, it's not a joke), and the plan will be to deal largely with the indoor butts (repacking) and indoor target faces (glueing).

If as many members as possible give only an hour or two, then the work load on individuals will be less. More members and more time given makes it even easier.

It would be appreciated if as many of the Wednesday night indoor shooters as possible could donate some time - Thanks in advance!



Alison Hagaman recently updated her First Aid credentials and Alan Roberts has also completed a First Aid course in the last couple of weeks, so they are the people to seek and report to in cases of personal injury occurring at the Club.

All injuries at the Club SHOULD be reported.

Alan Roberts is also the Member Protection Information Officer for the Club. The role of the MPIO is to be the initial contact if there are concerns of harassment or inappropriate conduct, and he then advises whom the member contacts from there.

Club Policies and Codes of Ethics are expressions of the way in which Club members are expected to act, and indeed undertake to act, with regard to certain aspects of Club activities.

The policies and Codes of Ethics have largely come from Archery Australia (AA), through the

South Queensland Archery Society (SQAS) to the Clubs where they are perhaps adapted, and then adopted as official documents.

The fact that policies and ethics are not very often mentioned can mean that members are not fully aware of the guidelines which largely govern how the Club functions.

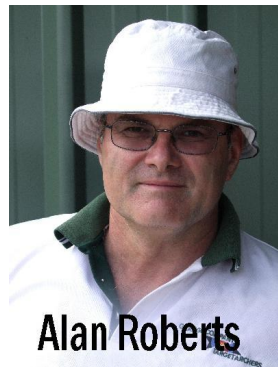
The Grange Company of Target Archers has policies (Codes of Behavior) about "Parents and Visitors", "Participants", and "Interfacing with Children and Young People", as well as Codes of Ethics for "Coaches" and "Officials".

These documents are reproduced on the Club's website under the sub-heading of "Policies" and they are also included in the "Members Handbook for 2012" which is now also available on the website. In order to make them as available as possible to members there are also copies of the documents on the notice boards on the western wall of the Club indoor facility. At the moment, since this area is where a lot of bits and pieces are stored, they are not perhaps as accessible as we might like.

Should you not have access to a computer, and wish to make yourself aware of the contents of these policies, and can't get to the notice board, then contact me (Evan) and I'll organise some copies for you.

February has seen the first couple of the new handicap Monthly Club Shoots. The first one - which was really the second, and the second one - which was really the first, because January was not kind to us in terms of weather for holding shoots.

The first (second) one was extremely well attended and all archers were keen to try out the new handicap system which Tim Millis has put so much time into.



We were trying so hard that there were calls for some of the oldies to be swabbed, but in the end Bob Thompson came out on top by shooting a personal best (for a round that he'd not shot before anyway).



The second (January) shoot was not quite as well attended, and the handicaps had changed slightly in some instances, and it came back to the better archers settling down to prove that they could do it too. Nick Horley came out on top and was happy to receive his gong.



DATE	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
RECORD	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
Bob Thompson	70	70	70	70	70	70	70	70	70	70	70	70	70	70	70	70	70	70	70	70	70	70
John Horley	68	68	68	68	68	68	68	68	68	68	68	68	68	68	68	68	68	68	68	68	68	68
Steve Thompson	66	66	66	66	66	66	66	66	66	66	66	66	66	66	66	66	66	66	66	66	66	66
John Horley	64	64	64	64	64	64	64	64	64	64	64	64	64	64	64	64	64	64	64	64	64	64
John Horley	62	62	62	62	62	62	62	62	62	62	62	62	62	62	62	62	62	62	62	62	62	62
John Horley	60	60	60	60	60	60	60	60	60	60	60	60	60	60	60	60	60	60	60	60	60	60
John Horley	58	58	58	58	58	58	58	58	58	58	58	58	58	58	58	58	58	58	58	58	58	58
John Horley	56	56	56	56	56	56	56	56	56	56	56	56	56	56	56	56	56	56	56	56	56	56
John Horley	54	54	54	54	54	54	54	54	54	54	54	54	54	54	54	54	54	54	54	54	54	54
John Horley	52	52	52	52	52	52	52	52	52	52	52	52	52	52	52	52	52	52	52	52	52	52
John Horley	50	50	50	50	50	50	50	50	50	50	50	50	50	50	50	50	50	50	50	50	50	50
John Horley	48	48	48	48	48	48	48	48	48	48	48	48	48	48	48	48	48	48	48	48	48	48
John Horley	46	46	46	46	46	46	46	46	46	46	46	46	46	46	46	46	46	46	46	46	46	46
John Horley	44	44	44	44	44	44	44	44	44	44	44	44	44	44	44	44	44	44	44	44	44	44
John Horley	42	42	42	42	42	42	42	42	42	42	42	42	42	42	42	42	42	42	42	42	42	42
John Horley	40	40	40	40	40	40	40	40	40	40	40	40	40	40	40	40	40	40	40	40	40	40
John Horley	38	38	38	38	38	38	38	38	38	38	38	38	38	38	38	38	38	38	38	38	38	38
John Horley	36	36	36	36	36	36	36	36	36	36	36	36	36	36	36	36	36	36	36	36	36	36
John Horley	34	34	34	34	34	34	34	34	34	34	34	34	34	34	34	34	34	34	34	34	34	34
John Horley	32	32	32	32	32	32	32	32	32	32	32	32	32	32	32	32	32	32	32	32	32	32
John Horley	30	30	30	30	30	30	30	30	30	30	30	30	30	30	30	30	30	30	30	30	30	30
John Horley	28	28	28	28	28	28	28	28	28	28	28	28	28	28	28	28	28	28	28	28	28	28
John Horley	26	26	26	26	26	26	26	26	26	26	26	26	26	26	26	26	26	26	26	26	26	26
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John Horley	22	22	22	22	22	22	22	22	22	22	22	22	22	22	22	22	22	22	22	22	22	22
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John Horley	10	10	10	10	10	10	10	10	10	10	10	10	10	10	10	10	10	10	10	10	10	10
John Horley	8	8	8	8	8	8	8	8	8	8	8	8	8	8	8	8	8	8	8	8	8	8
John Horley	6	6	6	6	6	6	6	6	6	6	6	6	6	6	6	6	6	6	6	6	6	6
John Horley	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4	4
John Horley	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2	2
John Horley	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

While we're talking about shoots, The Merv Kelly Memorial Shoot was held at the Samford Archery Park on Saturday 11th February. There was also a shoot on at the Belmont range, I believe, so numbers were down a little.

However those archers who did turn up appeared to enjoy the afternoon, and the wind held off until quite late.

Franz Roodt, Scott Hagaman, Nick Horley and Neil Digweed took out four of the five top placings. You can put them in the order you think it should be, yourselves.



Oh, it must get boring!

The grant from the Queensland Government towards the construction of the second building for indoor archery lanes was officially announced after lunch on the 11th of this month, before the Merv Kelly Shoot.

This announcement was made by the local Member of State Parliament, Mr Geoff Wilson, who is also the Minister for Health in the current Government.



Mr. Wilson speaks to the members of the Club.

Now here is Part 4 of the gripping serialization of "Practicing to Perfection", written, as you all know by now, some 30 years ago.

"WHAT IS A FOLLOW-THROUGH?"

Your follow-through should be a natural extension of the shot. It is the culmination of all the effort previously put into your shot. The follow-through should be a natural extension of what happens to the body upon release of the bowstring. Don't try to force yourself to do anything on the follow-through that is not natural, at least at first. In attempting to change the natural tendency of your body you will have lost the advantage the follow-through has of helping you detect problems. After the bowstring has been released, analyse your follow-through. Did you pull your release hand out away from your anchor point? Did your bow arm move at the instant of release? Check your head to see if it may have moved in anticipation of the shot or through the tendency to want to see where the arrow went. Also, check to see if you grabbed your bow or if you let it move forward unrestrained. What is important is that the movement of the body is to the rear rather than to the side or forward, and that the movement is natural. In the follow-through position the release hand should be relaxed and often it will even appear limp. Some shooters recoil back more than others and the amount of rearward movement is not really important.

THE HORIZONTAL MISS

The bow should be placed in the hand so as to minimise contact of the hand on the bow handle; the less the hand touches the bow the less chance there will be to create torque in the handle. The bow should sit against the base of the thumb and not well into the hand. The bow should not contact the hand beyond the "lifeline" at the base of the thumb. The hand should be seated in the handle so that it exerts a straight, forward pressure towards the target. Generally speaking - assuming you're a right handed shooter - if your right hand is set too far to the right of the centre of the handle you will experience arrows going to the right. Conversely, if the hand is outside of centre - to the left - then you will find you are shooting left. Although the placement of the hand to the left or the right of the centre of the handle will usually result in misses as is described, this rule is not absolute. It is possible and not uncommon for the opposite to happen - that is, hand placement outside of centre resulting in right arrows. Each shooter must experiment to determine how hand placement will affect his shots

An error in head position is another factor in form that will cause "inexplicable" horizontal misses. Once you have reached your anchor point, it is possible to vary slightly from that point and, in so doing you will experience misses. Any variation in your

head position almost assuredly will result in a miss. If you are a right-handed shooter and you allow the bowstring to move out away from your face while you are at your anchor point, or if you do not hold the bowstring as tightly against your face as usual, you will shoot to the right. If you pull the bowstring into your face tighter than normally, you will shoot to the left.

Another error in form which will result in horizontal misses is related to bow cant – tilting. If the bow is not held in a vertical position, perpendicular to the ground, a horizontal miss will occur. If the bow is canted with the upper limb to the left, the bow will shoot left. Tilt upper limb to the right, arrows shoot to the right. (This can be made use of when shooting in a cross wind - cant the bow towards the wind - Ed.)

A release that is made by collapsing the tension in the back and allowing the release hand to move forward often will result in left shots to a right-handed shooter. If you jerk or pluck the release you'll usually get right shots. If your third finger exerts too much pulling pressure on the bowstring (finger shooters) you will cause torque in the bowstring, and this usually results in left arrows.

As with much else, the release is different for each shooter, and it is therefore necessary to experiment to determine just what happens when you make changes. Keep in mind that the underlying principle in all good releases is full relaxation of the drawing hand and arm."

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The Shooting Calendar is pretty crowded for March;

Saturday March 3 - The Monthly Club shoot - which is also a Silver Arrow Indoor #2 round.

Sunday March 4 - A registered FITA Star tournament at the Samford grounds.

Saturday March 10 - The second Beginners Course for the year commences

Sunday March 18 - A registered FITA shoot at the Centenary Club.

And,

Saturday March 31 - A Silver Arrow Target shoot at Samford.

So, get your butts out there, put some target faces on them, and good shooting!!

A NOTE FROM THE PRESIDENT

I would just like to remind archers of the requirement to have a witness for scoring. This does not apply to social archery or for OzBow which is a self improvement program.

For competitions or record claims it is not appropriate to ask someone to sign a score sheet as witnessed at the end of a round when they have not seen the arrow values being called throughout the round.

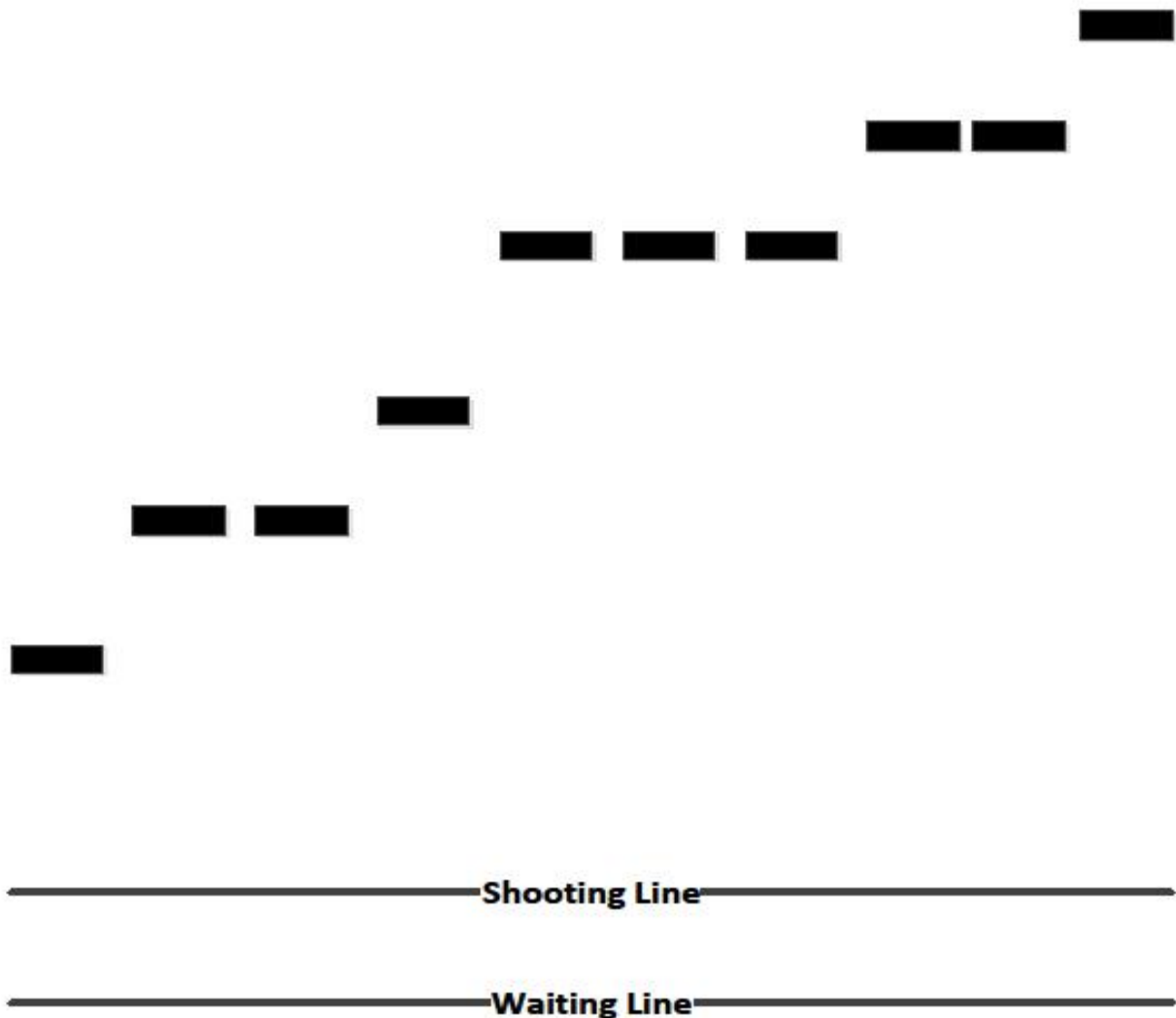
Witnessing means just that, that you have seen the arrow values in the face being called and are certifying to the correct value on the score sheet.

It is the **archer's responsibility** to make sure someone is going to witness their arrow values.

There is no problem in people shooting socially, I very much encourage members to enjoy the sport at the club socially, but if you want to submit scores competitively or for record recognition purposes then you have to follow these requirements; you can score without having it witnessed but in that case please do not submit the score sheet (OzBow excepted).

A safety note from our Field Captain - Michael Schilling. For shooting to occur on an archery field then there MUST be a DoS, who carries a yellow flag and some form of noise making piece of equipment (buzzer, whistle, etc). The DoS MUST be a responsible person who understands the responsibilities of a DOS, and the risks involved in archery. **AS A GENERAL RULE**, target butts should be arranged in a staggered pattern as illustrated below - there should be **NO** target to your right, which is at a shorter range than your target. **ON SOME OCCASIONS**, especially with some of the newer rounds, there will be range changes which make this requirement impractical. It then becomes the **RESPONIBILTY OF THE DoS** to be aware of the situation, and to ensure that he/she has as good a view as possible of the field to ensure no risk of arrows being fired while someone is in front of the shooting line.

Stagger your Butts



When conditions are windy, use the steel pegs which are placed at the back of the target butts to anchor the butts onto the ground, to prevent targets from being blown over. This precaution may save YOUR expensive arrows one Day!