

**SAMFORD VALLEY**



**TARGET ARCHERS**

Newsletter of the Samford Valley Target Archers

(ABN 63 639 289 573)

[www.samfordarchery.org](http://www.samfordarchery.org)

Newsletter No. 27

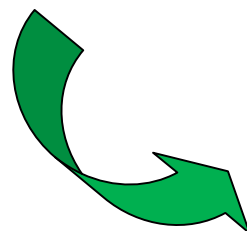
February 2016 -

Australian Open Edition

**Are**

**we**

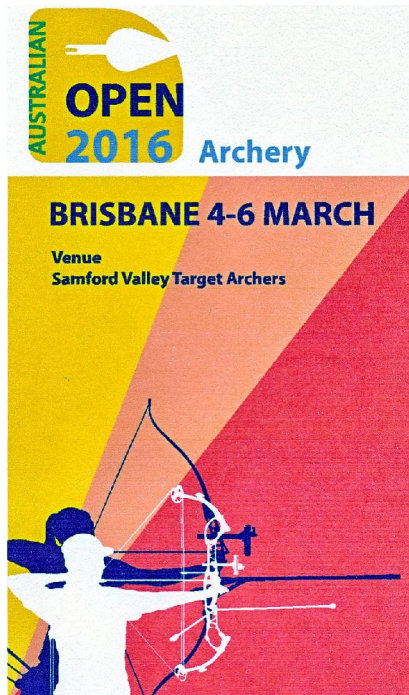
**ready?**



**Yep! - I reckon we are.**

We are well on track.

If you need to ask “What for?”, then you’re either very new, or you’ve been living under the proverbial rock for the last few months.



Many Club members have been quietly - and sometimes not so quietly - preparing the Club to host the 2016 Australian Open archery tournament for months now. (The term “Australian Open” is tossed around a lot, we have the tennis, the golf and whatever, so I personally prefer to always add “archery tournament”).

We’ve got lots of target butts ready, lots of flags and lots of numbers. We’ve got a lovely line-marker - which makes the process of setting out the various lines required on a field a fair bit easier.

And we’ve got the teams of volunteers following the action plans as we advance to **THAT WEEKEND.**

Oh, and if you notice a big black plywood wall around, that will be the “blind”

behind which we will hide a few officials and helpers when the matchplay rounds are on - out the front!

If you want to know when, theoretically, just what is going to happen on that weekend, the simplest way to see the programme at the moment is to log on to the Club web-site

([www.grangearchery.org](http://www.grangearchery.org)), click on “register for events” on the fourth line of the main menu, and then click on “Australian Open 2016”, and then at the bottom of the page that comes up is “Programme”, with a few other links.

If all goes to plan, it will be a very busy, very satisfying, week-end. If it doesn’t go to plan - it will be totally CHAOTIC!!!

We can find everybody a job - if you’re not shooting in the Open, and can turn up at the Club from Thursday 3<sup>rd</sup> March to the end of the weekend - then we can use your help.

**As an added extra (silly statement - extras are always**

**added)** the Monday 7<sup>th</sup> to the Wednesday 9<sup>th</sup>, besides being days to put most of the Club back into its normal place, will see those archers who are seriously looking to go to this year’s Olympics in Rio, in Olympic Qualifying shoots.

**I believe there are 127 archers**

registered for the Open (11 others have pulled out after initially registering). The spread of targets over the grounds on the Friday and Saturday, in particular, should be MOST impressive.

## A bit of recycling of “Tips of the Week”

(No, I’m not just trying to fill in space! Really!!)

When you walk back/are walking back from the target after scoring, check your arrows for damage. Check every time irrespective of whether your arrows missed the target or not, or hit the frame, or if you hear a crunch when yours or others arrows went into the target.

Get into this practice whether it is club equipment or your own.

For safety it is the archer’s responsibility to check each time that the arrows are OK.

What do you need to check for.....

- that there are no broken nocks, examine them closely looking for any cracks or indents in the plastic nocks, replace them if there is any sign of damage. Look for longitudinal cracks as well as lateral cracks. (If you have pin nocks you may have to replace the pins also if they are damaged or scored).
- that the nocks are not loose. Do not shoot arrows with loose nocks.
- that the arrows are not bent, it is a good idea to spin them to detect any wobble. Do not shoot bent arrows.
- that the points are still fully in place (and that a point is not missing or left in the target - yes points do sometimes come out). Never shoot an arrow with a loose or missing point.
- that arrows are not cracked or split or splintered (pay particular care if you have carbon or carbon aluminum composite arrows - carbon splinters are dangerous). Check all arrows including wooden arrows closely. Never use cracked or damaged arrows.
- that fletchers are sound - a loose or missing fletch will effect the accuracy.

**I have been inundated with people offering to give us all a potted history of their archery/life journey!!**

**(Liar, liar, pants on fire!!!)**

In fact, nobody has been brave enough to come forward to respond to my request/suggestion in the last Newsletter. I’m disappointed!

It’s a great opportunity for self-promotion, if nothing else - and to let Club members know a BIT more about their fellow members - rather than just “that bloke/woman at the Club”.

Come on - be brave - my door is not always open but my e-mail seems to be; [evanf@hotkey.net.au](mailto:evanf@hotkey.net.au)

**I had my first go at being an Archery Instructor** these last couple of weeks. I didn’t realize how much walking was involved to change and get repairs for equipment. Should be good for the exercise, anyway.

The beginners seem to be intrigued with the idea of the “Robin Hood” - shooting one arrow into the tail of an arrow already in the target - such as:-





... and ....



..which is probably the neatest one, with the first arrow split down its whole length - but as *WE* know, it means that there are two arrows that can be no longer used.

Expensive!!

**Samford's Chemmart Pharmacy** will have a skin scanning set-up at the Open on Saturday afternoon (5<sup>th</sup> March) checking for possible deleterious sun-effects on archer's skin. I gather it won't be a process of diagnosis, just an initial quick assessment, but archers will have the choice to be steered to further diagnostic tests (which would be at the individual archer's expense) if results could be questionable.

**Talking about skin - a very dodgy segue into some interesting "facts" about the body.**

I can't swear that they're true, but they were on the Internet, so they probably are:-

- . During your lifetime, you will produce enough saliva to fill two swimming pools. Actually, saliva is more important than you realize. If your saliva cannot dissolve something, you cannot taste it.

- . Feet have 500,000 sweat glands and can produce more than a pint of sweat a day.

- . Sneezes regularly exceed 100 mph, while coughs clock in at about 60 mph.

- . Your body gives off enough heat in 30 minutes to bring half a gallon of water to the boil.

- . The life span of a human hair is 3 to 7 years on average. Every day the average person loses 60-100 strands of hair. But don't worry, you must lose over 50% of your scalp hairs before it is apparent to anyone. (That's how I've kept my secret)

- . By 60 years of age, 60% of men and 40% of women will snore. (I knew it wasn't my fault)

## Are you having trouble with your anchor point, your grip on the riser?

Most of the people who have been in archery for a while will know these problems, and they probably also know a bit about this gentleman -->



Recent additions to our Club may well be amazed.

Matt Stutzman is an American archer. He competed in the Paralympics in London in 2012, and came second to Jere Forsberg, from Finland, who was wheelchair-bound.

If *you* reckon it's difficult to be good at archery - "yu don't know nuthin'".

Some of his accomplishments can be checked out by a Google search.

**The other day, Scott McLean was boring** - I know it seems unlikely, but I have photographic proof.



He didn't get very far with that machine, and had to get a larger, 2-man job. But the end result seems to have been worth it -



And, in the Club Monthly handicap shoot on the 6<sup>th</sup> February, he won first place and got a new medal!



Congratulations!

**Welcome back to Sandy Powell, who's recovering from a rather severe pain in the neck** - no! Not Matthew!

**Uncle Tim Millis has asked me to advise** youth squad members that there is no Youth Squad coaching for March.

**Tim would be thrilled, if the majority - or even all - Youth Squad** members turned up for the next Youth Squad gathering at 9.00 am on the 2<sup>nd</sup> of April

**We've got a new piece of road surface**, thanks to the Moreton Bay Regional Council and (undoubtedly) Cr. Bob Millar. Bob is not standing in the elections on 19<sup>th</sup> March. We're going to miss his support, but look forward to working with our new representative in Council.

**Micheal Schilling won the extra Club Handicap shoot on 20<sup>th</sup> February,**



despite his arrows taking the long way round to the target. What follows is a picture of one of his arrows "en route" - it's a bit difficult to see at the available resolution, but it's a long way up there.



But, really, not bad for the proverbial stick and a bit of string, and he is becoming an accomplished bowyer.

**Finally, to the visiting archers and their friends and families - welcome.** We hope that you have an enjoyable experience at the Australian Open archery for 2016. We hope your arrows go where you would want them to. We hope that the weather is kind - the long range forecast is a bit dicey at the moment. We hope you enjoy our Club, and the friendliness of our members.

**We hope we don't find out too late whatever it is we might have forgotten to do!**

Incidentally, this is *not* the way to shoot to win a tournament!

