

# SAMFORD VALLEY TARGET ARCHERS

Newsletter of the Samford Valley Target Archers

(ABN 63 639 289 573) [www.samfordarchery.org](http://www.samfordarchery.org)

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**So it's finally happened** - the Club has changed the name that we will operate under to "SAMFORD VALLEY TARGET ARCHERS".

The members at the Annual General Meeting in August voted to change the name of the Club to "Samford Valley Target Archers Inc." In the process of arranging this, the Management Committee found that it was simpler, and cheaper, simply to register the business name - "Samford Valley Target Archers" - and maintain GCTA Inc. as the owner of that business name.

This is not, strictly, the letter of the resolution, but it certainly follows the spirit.

**Before we go any further, the editorial staff** (i.e. - me) has to admit to an error in the last newsletter.

I credited **Hayden Millis** with first position in the June monthly handicap shoot.



The award he had received in that August photograph was the (overdue) **Overall SQAS Champion Cub Boy for 2011.**

**Maddison Stuart** - shown here receiving another of her many awards -



actually won the June monthly handicap shoot.

**Talking about winning awards, Greg Jackson** is in the process of collecting wallpapers, even to the extent of collecting National Tournament records with his longbow - luv ya work, Greg.



**The latest standings in the Silver Arrow (postal interclub competition for SQAS) are as follows:-**

Silver Arrow Indoor

Composite Compound

SVTA 79

MPB 76

GCAC 55

HBA 17

TCA 16

Maddi Stuart most improved

Composite Recurve

SVTA 78

MPB 78

GCAC 54

HBA 17

Junior Compound

MPB 80

SVTA 19

HBA 19

Junior Recurve

MPB 79

SVTA 77

GCAC 18

HBA 18

Silver Arrow Clout

MPB 40

CEA 38

GEA 34

SVTA 18

BDA 18

TCA 16

So ramp up the friendly rivalry -- Gotta get out there and give MPB a beating! --- keep up the good work as the more archers who participate the better the chance the club has of taking out the annual trophy.

**Do you have trouble with your shooting?  
Can't concentrate, can't hit a target at  
over 30 metres? Do your arms get tired?**

These don't seem to be very good excuses when you look at American archer, Matt Stutzman, who has just won the Silver Medal in the Individual Open Compound archery at the Paralympics in London



In the Gold Medal match - shooting at 70 metres - his 3-arrow-end scores were:- 29,26, 28, 28, 30. The Gold Medal went to a wheelchair archer, 6 points to 4.

**Safety Messages from the Management Committee -**

**Safety is our absolute priority** and members are reminded that if they are leaving minors at the club they are responsible for arranging a guardian and for making sure that pick up arrangements are ***in place and known***. Parents should sign out their children on pick up. Everyone please read the members book and familiarise yourself with the safety requirements. This can be viewed on the club's web site and a hard copy is available on request. If you see something unsafe please immediate take action if it is safe to do so, or if not, immediately report it.

With the approach of summer archers are reminded that **archery is not permitted with the approach of a storm.**

....Coaches and Archery Instructors cannot be everywhere all the time and will generally not interfere with your shooting unless you ask for help, or attend a coaching session, or they see something that is a bad practice or unsafe. **Please approach the coaches or instructors if you need any help, they are all very happy to help you achieve an enduring, safe and enjoyable archery experience.**

## Safety Reminder of the Month

Arrows protruding from the target are a hazard. Walk between the lanes as you approach a target, never run. Watch where you are going and do not walk into the arrows protruding from the butt.

Only two people are to pull arrows and then only from each side pulling the closest arrows, with everyone else staying well back until all the arrows have been drawn.

## Next comes some more of that riveting series, "Practicing to Perfection".

For newcomers to the Club, this is a series of coaching advice which appeared in roneod newsletters ("What's 'roneod?'" - ask your parents - or your grand-parents!!) from SQAS in the 1980's.

I kept a copy of it and, though it is somewhat dated, and really refers to recurve shooters (Hiss! - EF), there is still a lot of good advice - (whisper ) and it fills in some space.

### "THAT CRITICAL MILLISECOND"

One of the biggest faults a lot of archers have to eliminate in their quest for perfection is that they do not concentrate 100 percent on what they want to happen when the explosion of the shot occurs, and during the brief flight of the arrow to the target. Many archers, when they are giving the command to the fingers not to hold the string any longer, are not concentrating on anything at all. Their mind is a complete blank for that extremely critical moment, which includes the time it takes for the arrow to clear the string.

When we prepare a shot, care must be taken to understand what we are trying to do. If that sounds silly, think about it a little. Too many shooters are on the line

going everything by habit only. Habit is necessary in our sport, but it must be understood, policed and controlled. When the shot form has been prepared and you are ready to aim, there are several things that you had better understand when the sight pin stops on the gold. Number one is - what are you trying to do?

If you think that is a silly question, think again. If your answer is "I'm trying to put an arrow into the gold", that is not good enough. ....You had better be *going* to put that arrow that is in the bow, in the gold. Not AN arrow, THAT arrow! The only arrow that we shoot is the one in the bow. You cannot shoot the ones already in the butt nor any that are still in your quiver.

Does this sound silly? Not if you think about it! The slightest worry about an arrow already shot and in the target face will take away some of your confidence in, and your concentration on, the arrow you now have in your bow ready to shoot. The slightest worry about what might happen to the rest of those shots left in your quiver does the same thing.

When putting a shot together, you have pulled the arrow back, Okayed the feel of the form and are going to aim. What are you thinking? You should be thinking 100 percent that you are going to put that arrow in the gold on the exact spot that you are focusing and concentrating on.

One hundred percent means that you must teach yourself to want that arrow in the gold, and to believe that you are going to PUT that arrow into the gold, and you should never waver from that belief. This concentration must start before your brain tells your fingers not to hold the string and should continue at 100 percent until a second or two after the arrow has arrived on the face of the target. If it did NOT arrive in the gold, there is a reason, and the reason is called "control". So, instead of condemning the shot and the effort as a failure, you make a mental note to control the next one better. You then proceed as before to shoot the only arrow available to you - the one on the bow. "

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**August saw TWO monthly Club Handicap Shoots** - The “regular” one was won by Bob Thompson - his second monthly medal (we’ll have him in the swabbing stable to collect a sample!).



And, the “extra” one, on Exhibition Wednesday, was won by Dann Bailey with 113% improvement on his previous ranking.



His round was a Melbourne, which he had not shot before - well done!

**Make a note in your diary about the Ron Tucker Memorial shoot!**

The idea for this day - 20<sup>th</sup> October - is that part of the tournament will be archers taking part of the Philadelphia Bowmen International Postal Shoot for 2012.

The Postal Tournament will involve shooting the Bowmen Round, which is shot at 80 yards (73.15 metres) on a five-ring scoring system.

The full shoot is 84 arrows (14 ends) with a break after 7 ends.

The Bowmen Round is the one of the oldest, if not the oldest, recognized target rounds in the English-speaking world.

We have Australian-ised it a little, and Junior archers will shoot shorter ranges.

We hope that archers from other Clubs will also be involved.

The results will be forwarded to the Philadelphia Bowmen for tabulation with results from many archery Clubs throughout the world.

Further information about this round, and a sign-up sheet, is available at the Club, or see me, Evan Fisher.



#### News Flash -

NQAA and SQAS have agreed to form Archery Queensland and next year it is proposed that the Short Range Championships will be held as the Queensland titles.

In South Queensland it would be hosted at Centenary Archers, whereas in the north it could be hosted at several venues, shot on the same day on the 25th August 2013.

This will be an event not to be missed, a short range event where most archers will find the distances good to shoot, and the first state medals for quite some time.



**The Annual General Meeting of the Club** was held on 18<sup>th</sup> August, as you all should remember.

The Management Committee positions, and indeed, all of the Club positions, have not changed greatly from those of the last twelve months.

The only real changes will be that the Recorder and the Field Captain (Tim Millis and Michael Schilling, respectively) will become members of the Management Committee, and Shirley McLaran will retire from the post of Ozbow Co-ordinator (when we can organize a replacement).

So, the list is:-

**President** - Brian Hagaman  
**Vice-president** - Alan Roberts  
**Secretary** - Evan Fisher  
**Treasurer** - Alison Hagaman  
**Recorder** - Tim Millis  
**Field Captain** - Michael Schilling

**Member Protection Information Officer** - Alan Roberts  
**First Aid Officers** - Alison Hagaman  
- Alan Roberts  
**Equipment Officer** - David Arrowsmith  
**Club Coach** - Alison Hagaman  
**Wednesday co-ordinator** - Ruth Whisson

If you're new to the Club, and haven't already looked, there are photographs of the people who have named jobs for the Club, on eastern wall of the shed (at the moment). Everyone else just pitches in and helps where needed.

And that brings up the matter of saying a very large **THANK YOU!** to Ruth Whisson, Eric Whisson, David Arrowsmith and Patrick Barden for keeping the Club open on Wednesdays to allow the facilities to be used by those who can.

## Indoor target faces

At the Annual General Meeting, it was decided to put a charge on the use of Indoor Target Faces.

**Each NEW face will cost the archer \$2.00** - money in the tin, and a note in the sign-in book. If you want to, and can, use the face on more than one occasion you can label it with your name, and put it somewhere safe, or even take it home with you.

For Indoor QRE's the charge is \$7.00, and all the necessary target faces will be included in that fee.

## Our new building has gone from:-



to:-



to .....



....this, which was taken on Wednesday 12<sup>th</sup> September.

For the highly dedicated “wouldn’t-shoot-clout-if -you-paid-me” people I’d like to present a short extract from a piece by the Harlequin Bowmen of the U.K

It’s titled “CLOUT SHOOTING - The Long walk of hope”, and continues:-

“For those of you who seem to spend time searching for arrows in the grass, perhaps you should have a go at Clout. Target archers do not normally understand the fun of Clout, many say it is impossible for their bows to reach the distance required and many just do not understand the fun and camaraderie of competing in a Clout competition. You would not normally dream of applauding an archer for getting six arrows in the target however, if you have six scoring arrows for Clout, this is a good reason for applause”

**SO THERE!!**

I was told, the other day, that I need to get more in touch with my feminine side - I thought I already had done so -----



The **(ABSOLUTE)** End.